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CERTIFICATE BY THE SUPERVISOR

This is to certify that the dissertation entitled“**EFFECT OF PHYSICAL EXERCISES FARTLEK AND COMBINED TRAINING ON SELECTED PHYSICAL PHYSIOLOGICAL AND PSYCHOLOGICAL VARIABLES AMONG MEN TRAINEE SUBINSPECTORS OF ANDHRA PRADESH**” is a record of research work done by**Mr. YASWANTHA REDDY.B, (F1601PEFM078)**Full time scholar of Doctor of Philosophy, in the Department of Physical Education, Tamil Nadu Physical Education and Sports University, Chennai during the year 2016-2020.

This dissertation is his original work and it has not previously formed the basis for the award to any candidate, for any degree, diploma, associate ship or other similar titles. This dissertation represents, entirely an independent work on the part of the candidate but for the general guidance by me.

Station: Chennai

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